

Registration Form for SelfMatters.org Workshops

Specify the workshop that you are signing up for:

_____ **Calm Your Inner Critic & Quiet Your Anxious Mind**
March 14, 2010, 10:00am-4:30pm
Raphaela of Mary Retreat Center, Haverford, PA
Please bring a bag lunch.

Name:

Email Address:

Street Address:

Phone #:

Cell Phone #:

Workshop Title: Calm Your Inner Critic & Quiet Your Anxious Mind

Fee: \$150

Where did you hear about this workshop?

Please send registration form and check (made out to Jane Shure or Beth Weinstock) to:

Jane Shure
214 East Gorgas Lane
Philadelphia, PA 19119
215-849-3153

For more info:

Jane@SelfMatters.org 215-849-3153
or Beth@SelfMatters.org 610-664-2996